# Our Mission

The mission of the 4-H Mentoring: Youth and Families with Promise program is to increase the developmental assets of youth, ages 10-14, and their families.

This mission is accomplished by utilizing culturally appropriate, early-intervention strategies such as one-to-one mentoring, involvement in 4-H clubs, and family activities. 4-H Mentoring: Youth and Families with Promise is designed to increase youth's interpersonal competence, improve youth's academic performance, and strengthen family relationships.



# 4-H Mentoring YFP

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"Building the future one child at a time"

# Components of Mentoring

### One-to-One Mentoring

Youth meet one-on-one with their mentor each week for an hour.

## Family Night Out

Monthly activities for families that are designed to strengthen family bonds through a family meal and activity.

#### **Mentor & Mentee Activities**

Monthly activities for mentors and mentees to do something fun together and strengthen the mentoring relationship.

#### **Afterschool Clubs**

An afterschool club for the period of 10 weeks each semester provided for the mentoring youth. Clubs are taught on various subject matters through hands on learning.







## **Areas Currently Served**

#### Orem:

Aspen Elementary

Westmore Elementary

Geneva Elementary

#### Provo:

Lakeview Elementary

Franklin Elementary

Timpanogos Elementary

Spring Creek Elementary

Spanish Fork:

Park Elementary